Nisqually Elders menu (360)486-9546 Va & Titan, Cooks

**APRIL 2016** 

\*menu subject to change\* Non-elder price \$4.00

Sun	Mon	Tue	Wed		Thu	Fri	Sat
	Crisp Green Salad & Milk Served Every Day. Wheat Bread as Needed.					Chicken Piccata Wild Rice Pilaf Garlic Spinach Fresh Fruit	2
	4 Tamale Pie Spanish Rice Green Beans Jello/Fruit		French Dip French Fries Macaroni Salad Fresh Fruit		Potato Medley Roasted Veggies	8 Beef/Venison Soup Wheat Roll Fresh Fruit	9
	11 Pork Schnitzels Mashed Potatoes Mushroom Gravy Veggie Blend Jello/Fruit		Baked Cornish Hen Red Potatoes Roasted Veggies Fresh Fruit	3	Buttered Noodles Veggie Blend	15 Sweet & Sour Meatballs Brown Rice Roasted Veggies Fresh Fruit	16
	18 Meatloaf Mashed Potatoes Peas and Carrots Jello/Fruit		Pepper Steak Brown Rice Sauteed Carrots Fresh Fruit		Geo Duc Chowder Cole Slaw	22 Chicken Noodle Soup Bread Stix Fresh Fruit	23
	25 Stuffed Cabbage Rolls Brown Rice Glazed Carrots Jello/Fruit		Country Fry Steak Mashed Potatoes Veggie Blend Fresh Fruit		Pinto Beans Cornbread Muffins	29 Ham, Bacon, Scrambled Eggs, Breakfast Potato/Toast Fresh Fruit	30